

Growing Through Counseling



Building Healthy Relationships

**Porschua Davis
Galena Park Middle
School**

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Confidentiality

All information shared during sessions are confidential unless you tell me that

- 1) You are planning to harm yourself or others
- 2) You are the victim of abuse or neglect.

In these situations, I am required by law to report this information to parents and/or the appropriate agencies.

Galena Park Middle School



The mission of the Galena Park Independent School District is to **prepare** students to become productive citizens and lifelong learners.

MEET Mrs. Davis

Hi, my name is Porschua Nicole Davis. I am excited to be one of the new school counselors in Galena Park ISD. I have two beautiful daughters and one handsome son. I have a Bachelor of Science in Biological Psychology, and a Master of Education in School Counseling. I have six years of experience as an educator. I have a passion for working with children and helping them reach their highest potential of academic and personal success. As a school counselor, my objective is to be an effective and unbiased counselor that effectively guides students in life choices and career endeavors while advocating the counseling profession, upholding ethical standards and committing to lifelong learning. My philosophy of school counseling includes building relationships with students of all backgrounds and focusing on the "whole child". As well as promoting a collaborative relationship with parents, community, and staff. As a professional school counselor, I will assure that all students feel a sense of self-worth by knowing and embracing who they are. This isn't something they should get from someone else, but from looking at themselves internally and figuring out who they are. *Creating a nonjudgmental and compassionate counseling program is my desire. Helping students see their potential and self-worth is my goal.*



Your school counselor can help...

- You understand yourself and others.
- When you need someone to listen.
- When your family changes.
- When you are faced with personal and difficult situations.
- With career development and healthy decision-making.
- When you experience loss.
- When you need help managing your emotions.
- When you are **stressed out!**



Counselor meets with students to:

- Listen
- Provide social and emotional learning
- Problem-solve issues of concern
- Provide support when dealing with personal problems
- Create a plan for academic success
- Explore career awareness

Counselor meets with parents/ guardians to:

- Provide support for parents seeking help
- Provide information regarding available community resources
- Share information about their child within the boundaries of the counselor's professional ethics
- Review student academic performance

Counselor consults with staff and other professionals to:

- Help identify and assist students with academic difficulties
- Assist administration in coordinating activities such as orientation, testing, and registration
- Assist staff in teaching curriculum dealing with the Comprehensive School Counseling Program.
- Make referrals to community agencies when necessary